



little sprout imaging

...SOME THINGS ARE JUST TOO GOOD TO WAIT FOR

www.littlesproutimaging.com • 7801 York Road, Suite 127 • Towson, MD 21204 • 410.825.8686

SPROUT SESSION REMINDERS

Please take the time to read these tips. They will increase your chance of having a successful 3D session.

Drink plenty of fluid

The ultrasound probe literally uses your amniotic fluid "to see." The more fluid around baby's face, the clearer your pictures will be. You can help increase your amniotic fluid levels by drinking plenty of fluid for several days leading up to your session.

Have something to eat

It's no fun to turn on live-motion 4D and find a sleeping baby. Please have something to eat within the hour of us scanning you.

Prenatal Verification Form

Please download the Prenatal Verification Form and have your OB / CNM complete the form. We do not need the form in advance. You can simply bring the completed form to your appointment.

Are you scheduled for the proper length session?

We make recommendations based on baby's gestational age and Mom's body habitus. Please view the FAQ page and refer to "Why do you recommend sessions based on various gestational ages?" to review our recommendations and confirm you are making an informed decision about the length of the session you chose.

Music

We record background music to your DVD video. You are welcome to bring your own music CD-ROM or choose something from our library. We ask for your cooperation with the following...if you have several songs from several different CD's, please burn one CD in advance for us. If you choose to burn your own music CD, it should be for the same amount of time as your session length. For example, if you are doing a 15 minute Baby Sprout Session, your music CD should be 15 minutes long. You will be more pleased with the audio portion of your video if the songs you prepare are in the order they will be recorded. People are often disappointed if they choose to play DJ and flip around to different tracks.

Arrive Early

Please arrive 10 minutes early for your session. Everyone seems to RUN to the restroom and there is paperwork to be completed. You'll also have a chance to select music and settle in before we get started with your session. We find that when Mom feels rushed, baby senses her tension.

Directions

We are located on York Road across the street from Bill Bateman's Bistro and Towson University. We encourage you to print the directions from the "Contact Us" page on our site. DO NOT download Mapquest directions to our office, as you will end up north of us in Timonium.

Traveling a distance to see us?

We have clients come from the Eastern Shore, VA, West VA, DC, DE and PA. Keep in mind that the car ride tends to put baby to sleep. Consider arriving in Towson early. There is a nice Town Center a couple of miles from our office and a Babies R Us.